



Talking Point

Toastmasters Club of Berne Newsletter



berne.district59.org

Meetings 18:45 - 21:30 with dinner
Rest. Casa d'Italia, Länggasse
Guests welcome, free.

Volume 14, Edition 5
October 9, 2006

District 59 Division E Area 2
Toastmasters Club #3436
President: [Marianne Junger](mailto:Marianne.Junger@yaho.com) 031 351 0772
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Area E2 Contests

On October 9 the Berne club hosted the District 59 Division E Area 2 contests, and welcomed members from Berne and Basle clubs. We started early with an apéro - drinks and pizza for all! Lorena Sassi our Area Governor opened the meeting, and we heard four Humorous Speeches and Table Topics given by the best of the clubs.

Humorous Speech Results

1st place: Gabriela Mueller-Mendoza

2nd place: Doris Taeschner

(Because the speeches will be given again,
we do not report them)

Table Topics Results

1st place: Lorraine Rytz

2nd place: Gabriella Mueller-Mendoza

(The contest topic was: oops I forget.
Anyone remember? Graham)

Special Dinner Arrangements

An amazing performance was that of the kitchen, which agreed with Marianne in advance on a short menu. As usual, we filled out a form with our choices. This list was then ignored. Instead, the restaurant prepared one of each item on the menu and one of each type of drink. However, with our characteristic flexibility, we managed to share everything between us. We are lucky that they did not use the full 8-page menu!

Club Committee

President	Marianne Junger
VP Education	Graham Tritt
VP PR	Gabriela Müller-Mendoza
VP Membership	Angelo di Benedetto
Treasurer	Martin Schwarten
Facilitator	Rachel Rohrer-Christ
Past President	Stefan Bogdanov

Programme October 9

18:00	Door opening and apero offered by the Club of Berne
18:45 - 19:00	Pre-contest briefings for judges and contestants
19:00 - 19:10	Official welcome and program explanation
19:10 - 20:00	Area Humorous Speech Contest
20:00 - 20:15	Break
20:15 - 20:50	Table Topics Contest
20:50 - 21:00	Presentation of awards
21:00 -	Optional dinner

Division E Conference

The Division Conference will be held from 1100 to 1700 at the Zoo Restaurant in Basel, hosted by the Toastmasters Club of Basel, and presented by the Division Governor Simon Johnson.

Contests Fall 2006

Date	Event
Saturday October 21, Basel	Division E Contest
Monday October 23	Berne meeting
Saturday October 28, Zurich	Schweizerische German.language contests Meisterschaft
Monday November 13	Berne meeting
November 17-19 Nuremberg	District 59 Conference
Monday November 27	Berne meeting

Any Toastmaster in Switzerland can compete in the Swiss contests in the German language for Humorous Speech and/or Table Topics: Saturday 28 October. If you wish to attend, call organizer Thomas Skipwith 043 960 9162 or email thomas.skipwith@decubris.ch.

Invitation to the Division Conference

Come and join us at the Basel Zoo!! The Basel Toastmasters Club, would like to welcome you, your partners, friends, and colleagues to the Division Fall Conference, on Saturday October 21, 2006 from 11:00 - 18:00,

The conference will be held at the Basel Zoo restaurant, Bachlettenstrasse 75. It is about 10 minutes walk from the central train station. The Basel Zoo is internationally known and the conference could be a great opportunity for your family to see all the animals. You can find all the info at www.zoobasel.ch.

Dinner after the Conference: we have booked places at the Osteria Acqua for a dinner after the conference. Please indicate if you would like to join the dinner. The restaurant offers daily two 3 courses menu at a fixed price (CHF 65), but you can also take only one of the courses.

Program October 21

11:00	Welcome and coffee. Registration. Briefing of contestants and judges. Division Council meeting
12:00	Opening of the conference
12:05	Division Governor Report
12:15	Presentation of the Program
12:30	Educational session
13:00	Lunch
14:00	Humorous Speech Contest
15:30	Coffee/Tea Break
16:00	Table Topic Contests
17:15	Special Guest Speaker
17:30	Award Ceremony
18:00	Closing

The registration fee of 40.00 CHF per person includes 2 coffee breaks*, luncheon and mineral water during meetings (wine with lunch, if desired, to be paid individually). Please pay in advance by bank transfer to: Post-Account number 40-481964-0 of "Toastmasters Club of Basel, 4000 Basel" and note: Fall Conference.

If payment is not received beforehand, you will need to pay upon arrival. No-shows will be billed the full fee unless cancelled 36 hours before directly: Simon divisionEgovernor@gmail.com.

Public Speaking: The First 3 Minutes by Jag Senghera

As you begin, you have exactly 3 minutes of your presentation to grab the audience attention and build rapport to ensure they buy in to what you have to say. In this time, your audience is sizing you up. They are deciding whether they like you and whether are you worth listening to. If you lose your audience in the first 3 minutes you will be playing catch up for the rest of the time!

In this crucial period you need to build rapport with your audience, a prerequisite for effective communication. Before presenting any material you must build rapport with your audience.

When people are like each other, they like each other. When you have enough rapport with your audience, they will feel acknowledge and engage with you in your presentation.

You can build rapport with your audience by: using the words they use, their jargon and preferred terms, saying it like they do, with the same gestures and postures.

People create bonds with each others by finding shared experiences. Tell a story to your audience which relays to them that you are exactly like them. Meet as many of your audience before the presentation and get to know them individually.

Right from the start let your audience define their own expectation and do your best to meet those expectations. Experiment with different types of openers to see which works best for you and with your audience. Be flexible, use different openers and evaluate your results, for instance Current Events, Humorous, Pictorial, Anecdotal, Quote, Real-World Situation, Rhetorical, even Musical.

If you have built enough rapport with them in the first 3 minutes, the rest of your presentation will move smoothly. You will be able to have fun with the audience, and be yourself on stage.

Remember the first three minutes of your presentation are the most crucial. Start off your presentation with the right foot.

Jag Senghera is a professional speaker, Life Coach and Internet Marketer. Get you own copy of the information-packed E-book on The Art of Public Speaking on his web site for free:

<http://www.freespeakingguide.com>